







Welcome, USG visitors and returning guests!

To learn about our congregation and programs, email the Welcoming Team at welcoming@usguu.org.

Welcome, members and friends!

We are glad to see you again!

Church office hours are currently by appointment only.

Please email usgadmin@usguu.org or call 215-844-1157 to arrange your appointment.

USG's Caring Team is **ALWAYS** here for you.

Contact them with any needs at caring@usguu.org





Child and Youth Spiritual Development



UU Elementary Explorers (featuring World of Wonder and Moral Tales)
This Sunday, July 11 at 1:00pm over Zoom.*

UU Minecraft Camp on Zoom* starts THIS Sunday, June 11! 2:00pm for K - 5th; 3:00pm for rising 6th grade - 12th.

*Contact Ryan Hurd at dsd@usguu.org for info & links.







On Summer Hiatus

The Sunday evening Breathe program is taking a breather during July and August.



Monday evening QiGong has gone from the grove. We'll move together again in cooler Fall weather.



Continuing Through July

Wednesday 2:30pm Mid-week Meditation with Deborah Cooper





NEW: Summer Fun Yoga on Zoom



Join Esther Wyss-Flamm on...

Fridays, 9:30-10:45am. July 9-July 30 (4 weeks)

Chair-to-mat based

Saturdays, 9:30-10:45am. July 10-July 31 (4 weeks)

Mat-based

Each class will feature a cooling posture sequence.

To access:

if you are a past Friday or Saturday Yoga participant, please use the same link. If you are a Yoga newcomer, please contact Esther at ewyssflamm@gmail.com for the link.







For PIHN Youngsters, Grades 3-12

Drop off in the Grove at USG on Saturday, July 17, 8:00pm
Then stay for MOVIE NIGHT!



glue crayons scissors comp books
single subject
notebooks
folders











HELP MAN THE CAMERAS WHEN **WE GO LIVE!**



NO CAMERA EXPERIENCE NECCESSARY -JUST A WILLINGNESS TO LEARN



GREAT OPPORTUNITY FOR MATURE TEENS!

EMAIL USGADMIN@USGUU.ORG FOR MORE INFO







SAVE THE DATE FOR MINDFULNESS



THE SILENCE OF THE HEART Saturday, July 17, 10am to 12pm Leader: Suvaco

Zoom reservation link: bit.ly/Suvaco-July17

We will draw attention to the mystery of the heart—not only as a physical organ, but as an imaginal and spiritual centre of stillness.

Suvaco was ordained as a monk in the Thai Forest tradition for 18 years. He now lives and teaches in the United Kingdom, where he also maintains a psychotherapy practice.





Standing in Solidarity for Racial Justice



Every weekday, 5:00-6:00pm (weather permitting & excepting holidays) in front of the church on Lincoln Drive.

BYO Sign or purchase or borrow one here. Contact solidarity@usguu.org





More Social Justice Actions You Can Take THIS WEEK!



Nonperishable food drop-off in the USG Courtyard

for St. Vincent's Food Pantry

Tuesday, July 13, 9:00-11:00am



Donate your help or needed items to PIHN,

the Philadelphia Interfaith Hospitality Network, successfully helping families obtain permanent housing.

Contact Keyonnee@philashelter.org,

215-247-4663 (139).



\$400,000





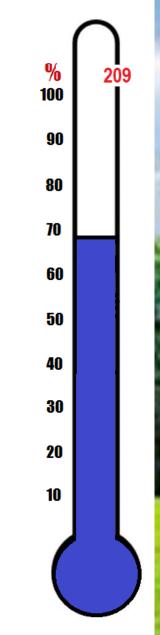
Let's **RESPOND TO THE CALL** of 2021-22!

We are now 83 88% 94% of the way to the \$400,000 goal...

...with 56 63% of 69% USG Households pledging

Inching upward! WooHoo!
Please make your pledge ASAP.

usguu.org/stewardship/







Even if you did not REGISTER for GA seminars & sessions, some are publicly accessible on our website.



Go to USGUU.ORG and enter
"General Assembly" in the
Search bar,
or
Go straight to
usguu.org/general-assemblyga-2021/











Nobody has to wear a sticker, but if someone is wearing one, let's treat them with respect and give them their space, no questions asked.







USG's Outdoor Space Use and Outdoor Masking Policy



USG groups and committees can apply to meet on USG grounds at USGUU.ORG> Members> Request Outdoor Meeting Space.

Our top priorities:

Inclusivity and safety....
so please read the regularly updated guidelines carefully!

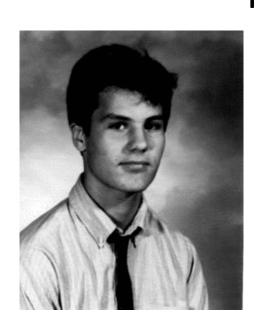




Nicky Brown Scholarship Available

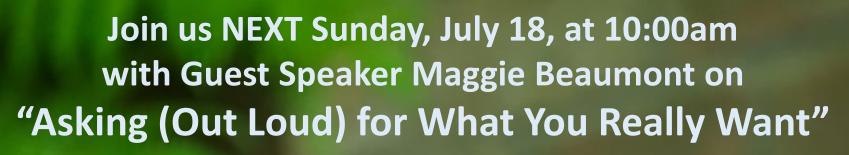
If you are a pledging /paying member of USG or have been a contributing friend for two (2) years or more, your college bound son/daughter can apply for a small stipend from the Nicky Brown Scholarship Fund.

All applications are due by July 31,2021. Previous recipients do not need to reapply. Contact Brownscholarship@usguu.org















Your Offering Today

You can **TEXT** donations of ANY amount to **215.608.2660**

20 pledge applies \$20 to your annual USG pledge20 sun sends \$20 to the general Sunday plate

You may also give to USG online at usguu.org/give.

Or **send a check** to the USG office, with recipient noted in memo 6511 Lincoln Drive, Philadelphia, PA 19119





After the service today



Join a small group for **Fellowship** in a Breakout Room. Simply click to accept the invitation.