#### Welcome to USG's Sunday Service of July 25, 10:00am with Guest Speaker Tom Ott on "Stories: Not Just for Children"



# Welcome, USG visitors and returning guests!

To learn about our congregation and programs, email the Welcoming Team at welcoming@usguu.org.

#### Welcome, members and friends!

We are glad to see you again!

Church office hours are currently by appointment only. Please email usgadmin@usguu.org or call 215-844-1157 to arrange your appointment.

#### **USG's Caring Team** is **ALWAYS** here for you. Contact them with any needs at **caring@usguu.org**

#### TODAY IN Child and Youth Spiritual Development



\*Contact Ryan Hurd at dsd@usguu.org for info & links.

**UU Elementary Explorers: 1:00pm over Zoom.\*** 

UU Minecraft Camp on Zoom\* 2:00pm for K - 5<sup>th</sup> 3:00pm for rising 6th grade - 12<sup>th</sup>

Youth Group Summer Reunion (RSVP\* to Ryan) 6:00pm for rising 9<sup>th</sup>-12<sup>th</sup> Grades In person in the USG Grove at the Labyrinth

#### TODAY



**11:45am: PUSH (USG Humanists' Meeting)** Email **push@usguu.org** for access.



# 2:00pm: General Assembly (GA) Follow Up Conversation. Join attendees from USG to learn what they found interesting this year at GA. bit.ly/gaconvo2021

## **Collection of Nonperishable Food Donations**

In the USG Courtyard Alternating Tuesdays, 9:00-11:00am NEXT: Tuesday, July 27

Bring your donations for St. Vincent's Food Cupboard to the USG Courtyard where a volunteer will collect from you and then deliver.

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# Images of the Divine NEXT: Wednesday, July 28, 7:00pm

We will continue to share our thoughts, experiences, and quandaries about the Divine, and what that means to each of us.
New people are welcome to these tranquil, enriching conversations.
Email dsd@usguu.org.



# **A New Mindfulness Offering**

Jesse Frechette: Thursday Night Mindfulness Thursdays, 7:30-8:30pm; bit.ly/Jessethursday We are invited to enter into this practice with the beginner's mind and fresh eyes, whether this is our first time practicing or whether we have been practicing for many years. Fee is \$15-\$20 per session if doable but no amount is too small.



# **Continuing Through July**

Wednesday 2:30pm. Final summer session: July 28 Mid-week Meditation with Deborah Cooper

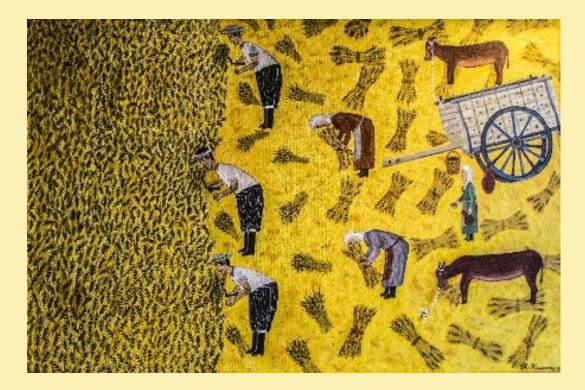
### Summer Fun Yoga on Zoom



Join Esther Wyss-Flamm on... Fridays, 9:30-10:45am. July 9-July 30 (4 weeks) Chair-to-mat based Saturdays, 9:30-10:45am. July 10-July 31 (4 weeks) Mat-based

Each class will feature a cooling posture sequence. To access: if you are a past Friday or Saturday Yoga participant, please use the same link. If you are a Yoga newcomer, please contact Esther at ewyssflamm@gmail.com for the link.

Lughnasa Celebration (via Zoom) "Sharing Our Shining Skills" Monday, August 2, 7pm Contact earthspirit@usguu.org for the link



Join the EarthSpirit Circle as we celebrate the first summer harvest and share our own "shining skills."

### **USG is Helping PIHN\* Youngsters Get Ready for School!**



#### We need YOU to help us fill FIFTY backpacks!

Simply click on the Amazon link provided in the USG CommUUnicator, choose your donations, and at checkout, look for "Ryan Hurd, gift registry address" so supplies are sent to USG.

\*Philly Interfaith Hospitality Network, families working from homelessness to homes.

#### Standing in Solidarity for Racial Justice Every weekday, 5:00-6:00pm (weather permitting & excepting holidays) in front of the church on Lincoln Drive. BYO Sign or purchase or borrow one here. solidarity@usguu.org



# INTERESTED IN CAMERAS OR VIDEO PRODUCTION? \* \* HELP POINT THE CAMERAS WHEN WE GO LIVE!

NO CAMERA EXPERIENCE NECCESSARY -JUST A WILLINGNESS TO LEARN

**GREAT OPPORTUNITY FOR MATURE TEENS!** 

EMAIL USGADMIN@USGUU.ORG FOR MORE INFO

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## WOULD YOU LIKE AN ORANGE STICKER?

If you are at USG for a USG event and would like to signal to others that you are being cautious (for example, avoiding hand shakes and hugs), for whatever good reason you might have, please take a sticker, available outside at USG's side door and in the Little Free Library, and indoors in a few places.

Nobody has to wear a sticker, but if someone is wearing one, let's treat them with respect and give them their space, no questions asked.



#### **USG's Outdoor Space Use and Outdoor Masking Policy**

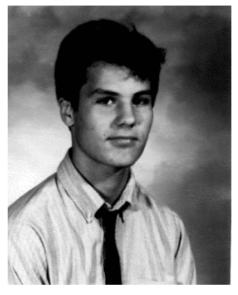


USG groups and committees can apply to meet on USG grounds at USGUU.ORG> Members> Request Outdoor Meeting Space. Our top priorities: Inclusivity and safety.... so please read the regularly updated guidelines carefully!

## **(?)**

## Nicky Brown Scholarship Available

If you are a pledging /paying member of USG or have been a contributing friend for two (2) years or more, your college bound son/daughter can apply for a small stipend from the Nicky Brown Scholarship Fund. All applications are due by July 31,2021. Previous recipients do not need to reapply. Contact Brownscholarship@usguu.org





#### Join us NEXT Sunday, August 2, at 10:00am with Intern Minister Mrs. Latifah Griffin-Rogers on "Does Belonging to a Community Require Faith\*?"



\*referencing Luke 17: 5-10, the parable of the mustard seed

You can TEXT donations of ANY amount to 215.608.2660

20 pledge applies \$20 to your annual USG pledge20 sun sends \$20 to the general Sunday plate

You may also give to USG online at usguu.org/give.

Or **send a check** to the USG office, with recipient noted in memo 6511 Lincoln Drive, Philadelphia, PA 19119

# After the service today



#### Join a small group for **Fellowship** in a Breakout Room. Simply click to accept the invitation.