



Welcome to USG's Sunday service, August 22, 2021, 10:30am

“Ride That Wave”

with Rev. Kent Matthies





Welcome, USG visitors and returning guests!

To learn about our congregation and programs,
email the Welcoming Team at welcoming@usguu.org.

Welcome, members and friends!

We are glad to see you again!

Church office hours are currently by appointment only.

Please email usgadmin@usguu.org or call **215-844-1157** to arrange your
appointment.

USG's Caring Team is **ALWAYS** here for you.

Contact them with any needs at caring@usguu.org





In Child & Youth Spiritual Development



*Contact Ryan Hurd at
dsd@usguu.org for info
& links.

UU Minecraft Camp (on Zoom) resumes this Sunday.

2:00pm: Elementary (K - 5th) program.

3:00pm: Youth (rising 6th grade - 12th) program.

This Zoom program can be played on most electronic devices.





A Mindfulness Offering



Jesse Frechette: Thursday Night Mindfulness
Thursdays, 7:15-8:30pm; bit.ly/Jessethursday

We are invited to enter into this practice with the beginner's mind and fresh eyes, whether this is our first time practicing or whether we have been practicing for many years.

Fee is \$15-\$20 per session if doable but no amount is too small.

Now On Summer Hiatus for August

Sunday Evening Breathe Session

Wednesday Mid-week Meditation with Deborah Cooper

Friday & Saturday Yoga with Esther Wyss-Flamm

Monday Qi-Gong with Margaret Kinnevy



USG, CSD and YOU equipped FIFTY Backpacks for Homeless Youngsters at PIHN*!



BIG BIG  to **you** for all the supplies,
and to our **Child Spiritual Development
committee,**
who donated all 50 backpacks
and assembled them!

**Philly Interfaith Hospitality Network,
Helping families work from homelessness to homes.*



Help Save USG from Shabbiness!



Although re-opening has been postponed, eventually it will happen - and we (still) have tidying tasks to check off--- small, medium, and **you**-can-do-it size!

Contact communications@usguu.org and choose a task that fits you and your schedule.



Working on the Weeds! Join Mike and his friend Finn!

Mike misses his weed-whacking,
bush-clipping friends of
yesteryear!

Come out **Thursdays** anytime
between 9 and 11am
No task is too small!
No time is too short!





Make connections at USG and beyond



We have dozens of groups available who might share your interests and/or identities.

Go to usguu.org and enter “Groups” in the search bar. You’ll find group descriptions, meeting schedules and contact information. We have groups for BIPOC, book lovers, young adults, social justice, earth honoring traditions, LGBTQ+ identities, and many more!



INTERESTED IN CAMERAS OR VIDEO PRODUCTION? *

* **HELP POINT THE CAMERAS WHEN WE GO LIVE!**

* NO CAMERA EXPERIENCE NECESSARY - *
JUST A WILLINGNESS TO LEARN

* **GREAT OPPORTUNITY FOR MATURE TEENS!**

EMAIL USGADMIN@USGUU.ORG FOR MORE INFO





Standing in Solidarity for Racial Justice

Every weekday, 5:00-6:00pm

(weather permitting & excepting holidays)

in front of the church on Lincoln Drive.

BYO Sign or purchase or borrow one here.

solidarity@usguu.org





WOULD YOU LIKE AN ORANGE STICKER?

The orange sticker means

"I'm being extra cautious regarding Covid."

If you are at USG for a USG event and would like to signal others that you are being cautious, (for example, avoiding hugs and handshakes) for whatever good reason you might have, please take a sticker available at USG entrances.



Nobody has to wear a sticker, but if someone is wearing one, let's treat them with respect and give them their space, no questions asked.



USG's Covid-Safety Protocols



“**USG’s Covid-Safety Protocols**” is now a page on our website, **USGUU.ORG**, corralling all our Covid-19 Safety Protocols, Policies, and Request Forms.

New Policies:

**Masks & Recorded Music Requirements
Singers at USG, Indoors & Outdoors**



**EVEN
APART,
WE CAN
STILL FIND
WAYS
TO BE
TOGETHER**

#beautifulconnections



**Join us next Sunday,
August 29, 2021 at 10:30am
for
“The Beauty of Connections”**

**with Intern Minister
Mrs. Latifah Griffin-Rogers**



Your Offering Today

You can **TEXT** donations of ANY amount
to **215.608.2660**

20 pledge applies \$20 to your annual USG pledge
20 sun sends \$20 to the general Sunday plate

You may also give to USG online at usguu.org/give.

Or **send a check** to the USG office, with recipient noted in memo
6511 Lincoln Drive, Philadelphia, PA 19119



After the service today

You are invited to join a Breakout Room for Fellowship. Simply accept the invitation on your screen and then unmute yourself.

