



Unitarian Society of Germantown
Order of Service
Rest Is Resistance
November 23, 2025



Gathering Hymn

We Shall Be Known by Karisha Longmaker of MaMuse

Welcome & Announcements

Alexandra Wood, Worship Associate

Call to Worship

Zoë Johnston, Director of Spiritual Development

Chalice Lighting

Love is the spirit of this church, and service is its prayer.
This is our great covenant: to dwell together in peace,
to seek the truth in love, and to help one another.

Slowing Down

Zoë Johnston

Time for All Ages

Where the Wild Things Are

Written and Illustrated by Maurice Sendak

Read by Rev. Hannah Capaldi

Testimony

Alexandra Wood

Share the Plate

Our Share the Plate recipient this week is Nationalities Service Center. For directions to donate, refer to the back of the Order of Service cover.

Offertory

#1009, *Meditation on Breathing*

Led by the Pop-Up Choir

Breathe in, Breathe out,
Breathe in, Breathe out

When I breathe in,
I'll breathe in peace.
When I breathe out,
I'll breathe out love.

Embodied Rest

Reading

Alexandra Wood

Hymn

Loosen, Loosen by Aly Halpert

Loosen, loosen, baby
You don't have to carry
The weight of the world in your muscles and bones
Let go, let go, let go

Holy breath, and holy name
Will you ease, will you ease this pain

Short Nap

Homily

Zoë Johnston

Longer Nap

Hymn

Sending You Light by Melanie DeMore

Led by the Pop-Up Choir

I am sending you light
to heal you,
to hold you.

I am sending you light
to hold you in love.

Chalice Extinguishing

We extinguish our chalice but the flame remains in us,

As we live into the mission of this congregation:

Building Beloved Community with

Compassion, Service and Empowerment

Benediction

Zoë Johnston

Visitor Form: <https://usg.breezechms.com/form/foac5e>

Support USG - Multiple Ways to Give

Text 215-608-2660 with your donation amount and fund designation.

Simply enter: [Amount] [space] [fund name]

Make checks payable to USG and include intended fund in the memo line.

Online, go to bit.ly/USGgiving and follow prompts.

UPCOMING EVENTS

GenXYZ Game Night

November 21 at 7pm in the Edna Jones Assembly Room

Bring a snack or game to share. Email genxyz@usguu.org for more information.

Family Game Night

November 22 from 6-8pm in the Edna Jones Assembly Room

We'd love to see you for this fun family game night! We'll have games and snacks to share, but feel free to bring your favorite game as well. See you there!

Persons with Disabilities Peer Support Group

December 2 at 7pm on Zoom

Those who consider themselves disabled in any way are invited to join. Email disabilitiesgroup@usguu.org for Zoom link.

Annual Leaf Raking Party 2025

December 6 from 8:30am-12pm

Bring the family, bring a friend, bring your rakes, tarps, and especially your leaf blowers! We will rake leaves from until noon and then enjoy lunch.

GenXYZ Hike and Dinner

December 6 at 2:30 at Bells Mill Rd East Lot

We'll hike at 2:30 followed by dinner at 4:45pm at Brittingham's Pub. Note: The hike isn't wheelchair accessible, but the pub is! Please join us for the hike or dinner, or both!

OTHER ANNOUNCEMENTS

CSD 2025-2026 Registration is always open!

Register your family [here](#).

Visit our Family Promise Wish List Tree

Let's come together to make this a great Christmas for the family who stayed in the Bristol Room earlier this fall. Grab a wishlist tag from the tree in the dining room. Return the item (wrapped or not) with the assigned tag to the admin office by December 7.